

# THE SECOND LEADING CAUSE OF BLINDNESS ARE YOU AT RISK?

**D**o you know that 3 million Americans are suffering from a dangerous eye disorder that can rob them of their sight and nearly 1.5 million of them DO NOT EVEN KNOW THEY HAVE IT? Glaucoma is referred as a “sneaky sight stealer” because, unfortunately, there are minimal symptoms associated with the disease and the miniscule indicators can cause up to 40% of permanent vision loss before the person notices any vision changes.

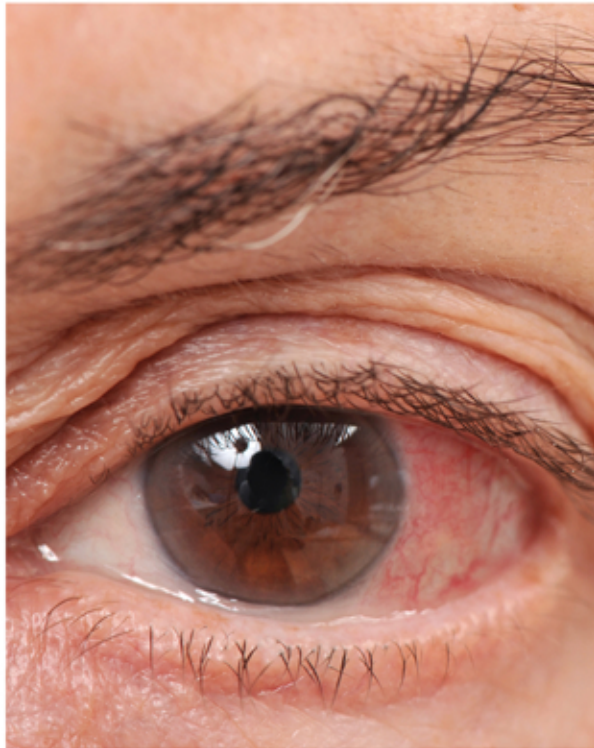
The optic nerve transmits images to the brain. When this nerve becomes damaged or diseased, it loses the ability to create images, and therefore, communication to the brain is lost. There are several types of glaucoma, but a buildup of pressure in the eye is the most common cause. This pressure is known as IOP, or intraocular pressure. Disease or damage triggers this pressure in the eye and injures the optic nerve. Once IOP compromises vision, it creates irreversible blindness. Glaucoma is the second leading cause of blindness and usually affects the elderly. It's critical to see your eye doctor for routine checkups and regular eye examinations.

Recent studies are showing evidence that IOP is caused by neurodegenerative disorders, similar to what causes dementia and Parkinson's disease.

There are treatment options to prevent further vision loss, but once the damage is done, there is no cure to bring your vision back. To help maintain sight, the standard treatments are medications, eye drops, laser and traditional surgery.

If you have been diagnosed with glaucoma, It's imperative that you know there are alternative options.

Because of the neurodegenerative connection, medical marijuana can alleviate symptoms and add visual longevity in two unique ways. To explain in detail, the endocannabinoid system, which we naturally house in our bodies, regulates inflammation, neuroprotection, our immune systems, pain signaling and many other bodily functions and factors.



Numerous cannabinoid receptors are located in the eyes. By naturally decreasing ocular pressure with medical marijuana and our ocular cannabis receptors, vision loss is remarkably delayed. The other benefit of medical marijuana is due to the natural neural protective properties of medical marijuana. By adding Medical marijuana therapy, you not only delay vision loss, but also manage the source of the root cause.

By adding medical marijuana to your current optical treatments, you will most likely increase the longevity of your optic nerve, retinal health, and sight protection longer than with just standard methods of care.

Medical marijuana is made up of THC, CBD, and terpenes. The CBD is known to bind to receptors and is thought to regenerate cells and brain function, while THC helps to relax and alleviate the physical symptoms of apprehension. Terpenes are the green, healthy healing properties that are in our leafy green vegetables. There is a synergistic effect of these chemicals when taken together. These practices and education are what separates Dr. Sonn apart from others.



#### Dr. Gregory Sonn

You must visit a Physician that is licensed to recommend medical marijuana. To legally purchase and consume medical marijuana in Florida, a patient must have one of the specific qualifying medical conditions regulated by the government, such as glaucoma or have a medical condition that is deemed as appropriate. Dr. Sonn is exceptionally adept and knowledgeable in this practice, drawing from his vast experience as a Palliative Care physician and Family Practitioner. At Iona Cannabis Clinic there is no charge for your initial visit if you don't qualify. For the other 95% of their patient population, the physician issues a certification and enters the patient into the Medical Marijuana Use Registry or MMUR. Only patients who are registered in the Medical Marijuana Use Registry database can purchase and consume medical marijuana in Florida.

#### Iona Cannabis Clinic

Gregory Sonn, D.O., has been practicing Medicine since 2002; he believes that each patient is unique, requiring his or her own treatment that is different from anyone else's medical care.

Dr. Sonn added medical marijuana therapy to his practice after seeing result driven outcomes for patients dealing with anxiety, cancer, and other life-altering diagnoses.

If you or someone you know is suffering from glaucoma or would like to find out more about

Dr. Sonn and his practice, please visit  
[www.ionacannabisclinic.com](http://www.ionacannabisclinic.com),  
or call (239) 689-6819.



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